

NEXT-DAY SKIN EXAMINATION

As it takes some time for your body to respond to UV light, your skin needs to be checked the day after treatment (in addition to right before the next treatment). Your input determines how doses should be adjusted.

DOSE ADJUSTMENTS

When beginning every treatment (after your first treatment), you will be asked about adjusting your dose. When you open the Zerigo Mobile App and select "Treatment" on your Calendar, the Dose Adjustment screen will appear, allowing you to make dose adjustments based on your skin's response to the last treatment.

FOR THOSE TREATING PSORIASIS, ECZEMA & MOST OTHER CONDITIONS

Examine the skin surrounding the affected area.
If your skin did not change color, increase the dose.
If your skin slightly changed color, do not change the dose.
If your skin was red, more itchy or painful, reduce the dose and skip treatments until your skin has healed.



No color change:
Increase dose



Slight color change:
Do not change dose



Red, more itchy or painful:
Reduce dose

FOR THOSE TREATING VITILIGO

Examine the skin without color.
If your skin did not change color, increase the dose.
If your skin becomes light pink, do not change the dose.
If your skin is red, itchy or painful, reduce the dose and skip treatments until your skin has healed.



No color change:
Increase dose



Slight color change:
Do not change dose



Red, more itchy or painful:
Reduce dose

40-0110, Rev. A

QUICK START GUIDE

CONNECTED, CONTROLLED, COMPREHENSIVE



ZERIGO
HEALTH

ZERIGO DEVICE



Button	
Click	Turn on Device, start/pause treatment
Double-Click	Advance to next Body Location
Press and Hold	Turn off Device

Button Light	
Flashing Blue	Waiting for treatment
Solid Blue	UVB treatment light on

Prepare for Treatment

1. Wash Hands & Remove Skin Creams

Most skin creams will block UV light.

2. Disinfect Device Treatment Rim

Gently wipe the treatment rim with alcohol pads.

3. Wear UV Safety Glasses

Wear safety glasses and maintain a safe distance (1.5 feet) from others.

4. Apply Sunscreen

Sunscreen may be applied to the surrounding unaffected skin. Refer to the Learning Center in the App for more information.

WARNING

Review the Patient Guide located in the Zerigo Learning Center  for important safety and use information prior to starting treatment.

Treatment Steps

1. CONNECT YOUR PHONE AND DEVICE

Unplug the Zerigo Device from the Charger – the Device will not operate while plugged in. Open the Zerigo Mobile App, and press “Treatment” in Calendar. Place the Zerigo Device next to your smartphone. Turn it on and follow the prompts in the App. The Treatment screen will be displayed after connecting to Bluetooth®.

2. REVIEW TREATMENT SEQUENCE

The App will list your Body Locations in the order you plan to treat. You may rearrange the treatment sequence to be most convenient for you.

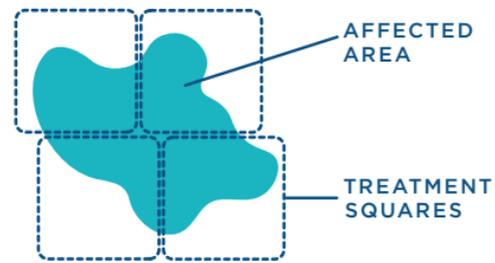
3. START YOUR TREATMENT

Press the “Start Treatment” button on the Treatment screen within the App. Your prescription will be sent from your phone to the Device. Hold the Device on the skin so that the proximity sensor gap is closed between the handle and treatment head. Treatment will not begin until the gap is closed as a safety precaution. Click the Device button to begin.

The treatment can be paused by lifting the Device off the skin during treatment. Place the Device back on the skin, and click the button to resume the treatment.

4. TREATING ADDITIONAL TREATMENT SQUARES

If the affected skin in your Body Location is larger than one Treatment Square, then you can treat the adjacent area with additional Treatment Squares. Place the Device on an adjacent area, and click to start the treatment. Be careful not to overlap, as double treatment may lead to a sunburn-like reaction and potential worsening of your skin condition.



Use multiple Treatment Squares to cover an affected area in a Body Location.

5. TREATING ADDITIONAL BODY LOCATIONS

Once you've completed all your Treatment Squares for your first Body Location, double-click the Device button to advance to your next Body Location. The Device screen will display the next Body Location you will be treating.

6. COMPLETING YOUR TREATMENT SESSION

After you have treated all of your Body Locations, double-click the Device to complete your treatment session. You will see a “thumbs up” on the screen confirming you are all done.

7. CLEAN-UP

The whole Device can be gently cleaned using a damp cloth with mild detergent to remove dirt and oils. Do not scrub the reflective surfaces inside the Treatment Rim, as this may cause premature wear. The Device should be cleaned after each treatment session.

8. RECHARGE YOUR Device

As a rule of thumb, it is best to keep your Zerigo Device charging until next use to ensure adequate battery life. Charging with the Zerigo Charger will be accomplished in less than 4 hours from a completely dead battery.

9. APPLY OTHER SKIN CARE PRODUCTS AFTER TREATMENT

Additional skin care products are best applied after treatment so as not to block light transmission.